

Lesson objective – Explore actions of a puppet

1. Create traveling actions

Starter activity

As the children enter the room ensure pumps are left to the side and out of the way. Explain the learning objectives.

Warm-up

Ask the children to make a magic bubble, this bubble is very special, we do not want it to pop. So can they wiggle their fingers, stand up and move their fingers around them to make a bubble.

Ask the children to walk/jog around the space, but don't get too close to anyone, as we don't want to pop our bubble. Encourage the children to walk in the middle, sides and corners of the room, highlight good travelling to the class. When the teacher says freeze ask the children to stop and freeze where they are stood. Repeat this several times highlighting good work and giving lots of praise to those children in a space.

Progress to side steps, jumping and skipping.

Construct learning challenge; show the picture of the puppet

- Can the children travel around the space pretending to be a puppet
- Task the children to imagine they have strings holding them up and when the string is pulled a particular body part will lift up. Travel around the space, when the teacher says a body part, can the children lift that body part as high as possible e.g. legs, arms elbows, knees and bottom.
- When the teacher bangs the tambourine freeze in a puppet shape .

Ask the children to imagine they are sat on a shelf and suddenly wake up and stand in 4 jerky movements

- Head lifts up
- Arms lift up
- Onto feet but slouched over
- Straighten up tall.

Travel like a puppet, focus on bent knees, and arms, jerky movements, when the teacher bangs the tambourine they must slouch over (the strings on the puppet have been relaxed).

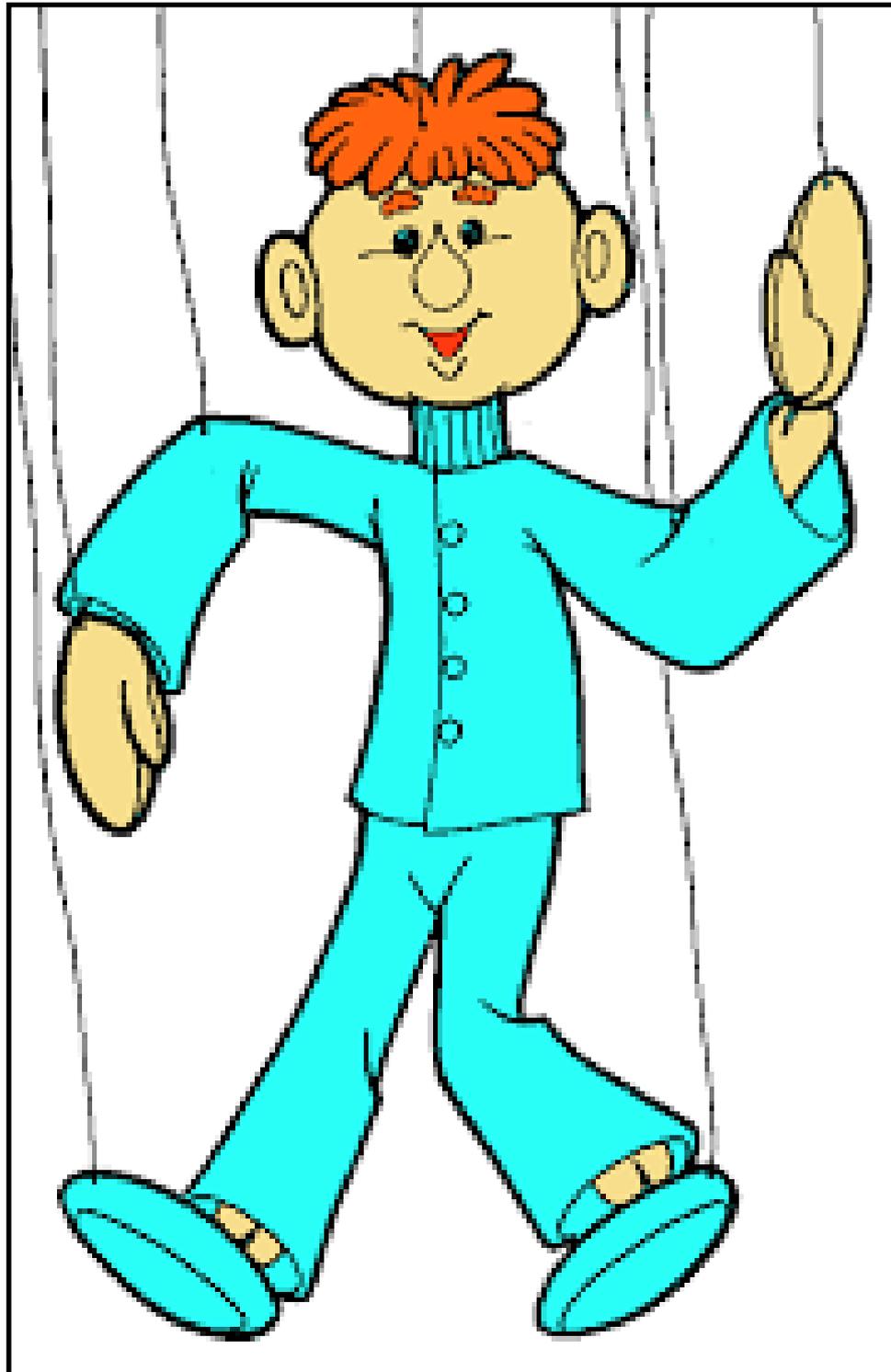
Repeat several times and stop the class to highlight good controlled actions, these actions should be slow.

Apply learning challenge;- link actions to make a dance

1. Start sitting and raise for 4 counts
2. Travel around the room, when the teacher bangs the tambourine slouch over X3
3. Slowly travel back to the starting position on the shelf
4. In 4 rugged actions bring the body back to sitting
5. Finish in the shape of a sitting puppet

Perform/review

Puppet



For this scheme of work you should use some upbeat music with a regular beat

I use "You've got a friend in me", from the toy story sound track , track 1. However you can use any music you feel is suitable.