




Inspiring PE

# Y5/ Y6

# Pirate dance

# Dance





Recommended music from Pirates of the Caribbean, there is also a good link below of a pirate dance.

<https://www.youtube.com/watch?v=t7vIO-AYHGM>

**Lesson objective** – Create a partner dance phrase

1. Explore pirate actions
2. Collaborate with a partner to make a partner phrase
3. Review and perform

Explain the objectives to the children and discuss; what do we know about pirates? (think, pair, share). Put ideas on the board.

**Starter activity, pirate game**

Ask the children to travel around the room in a safe manner, traveling into corners and following different pathways .

**Pirate Game**

When the teacher calls;

- Land ahoy                      Take hand to forehead and make a looking left and right action
- Captain on deck              Salute and march for 4 seconds
- Climb the rigging              Pretend to climb up the netting for 4 counts
- Swab the deck                 Clean the deck for 4 counts
- Take cover                      Arms covering the face, high knees for 4

**Mobilise the joints**

Rotate the major joints making circles with each body part. E.g. circle the shoulders, hips, wrists, knees and ankles. Do these in time to the music or in 2 counts of 4.

**Construct learning challenge;**

Watch the video clip of the pirate dance and think about what actions they are using.

**In pairs**

Ask the children to pick a partner they can work well with, can they create 3-4 actions that pirates do e.g.

- Digging for treasure
- Walking the plank
- Climbing the rigging
- Rowing a boat
- Steering the ship
- Swab the deck

Highlight good models to the class.

**Progress**

- Can the children perform each action for a count of 4 or 8.
- Can the children link the four actions together, ask the children to think about linking the actions together smoothly,
- Can they make a starting and finishing shape.

**Differentiation**

The lesson is naturally differentiated as children will select an action that suits their ability, however for the below cards can be used;-

- Higher achieving children, give a task card with extra conditions to achieve
- Lower achieving children, give a mapping card, this will allow the children to map out the actions they want, and then follow the map.

**Review (time permitting)**

Split the class in half and ask one half to perform and one half to spectate. Once both half's have performed, ask the children to talk about the good actions they have seen and why those actions were good?

Ask the pairs to review their own performance, what was good and what could they have done better?



Looking left  
and right  
X4



Swab the  
deck  
X4



Salut the captain  
X4  
Freeze for finishing



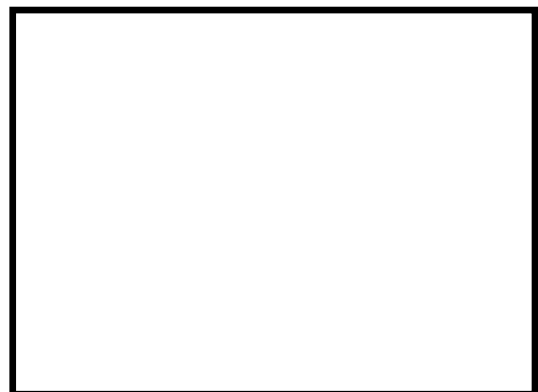
Climb the  
ladders  
X4



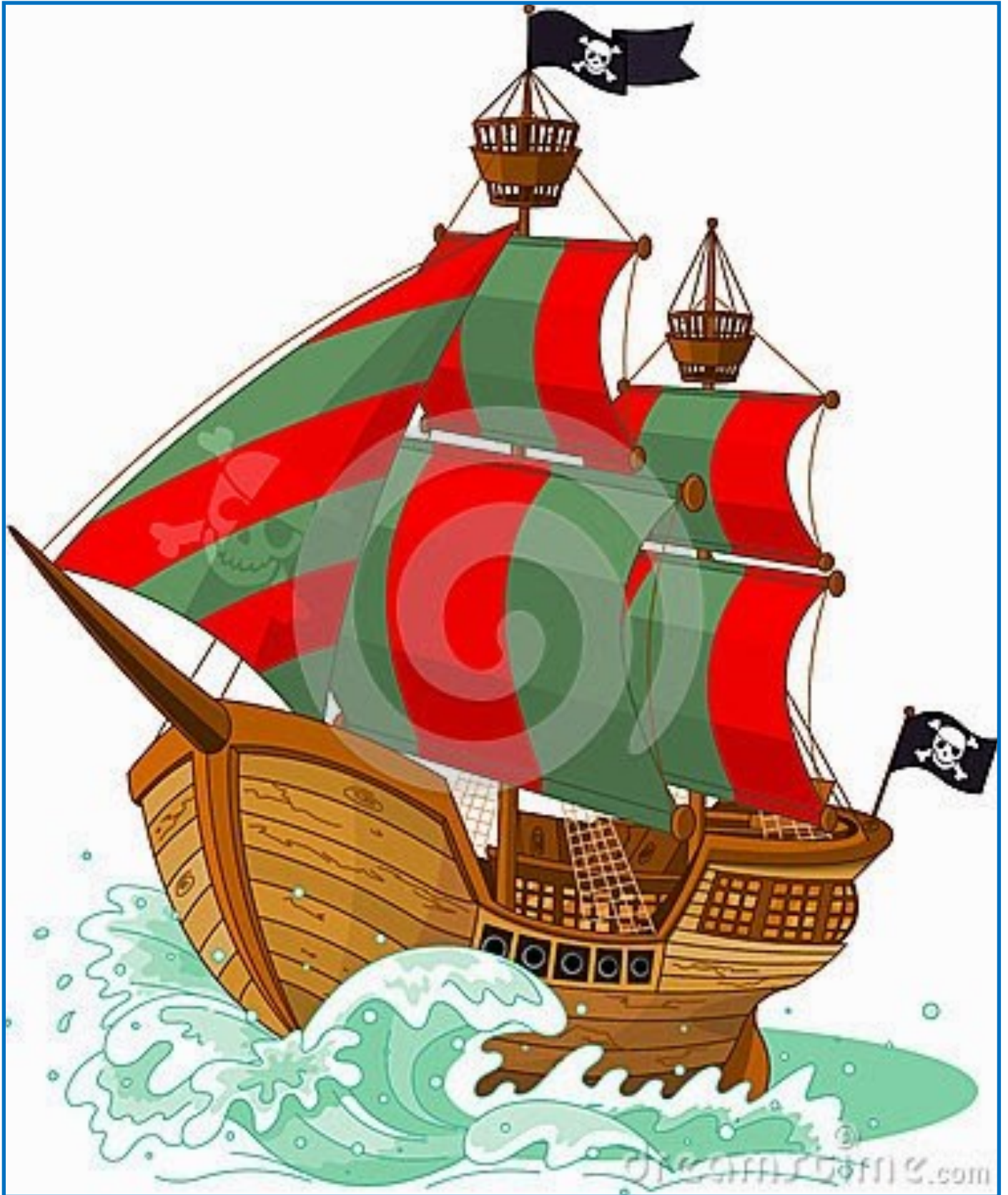
Swab the deck  
X4



Salut the captain  
X4  
Freeze for finishing  
position







**Lesson objective** – Create partner shapes

1. Explore pirate shapes
2. Collaborate with a partner to make 2 partner shapes
3. Review and perform

**Starter activity,** Play some happy music with a regular beat

- Standing in a space, start pretending to wash our hands  
Shake our hands off ;-  
Near our knees  
To the left  
To the right  
Above our heads (Do each for a count of four then repeat)
- Very tiny little jumps
- Roll the shoulders
- Marching on the spot
- Looking left and right
- Stepping to the side, add a clap
- Crouching into a tiny ball and stretching into a star.

**Construct learning challenge;**

Give the children 5 minutes to recap last weeks dance phrase

**In pairs**

Ask the children to create 2/3 pirate shapes that tell a storey, these need to be held still for 5 seconds.

**Progress**

Can the children include these shapes into their partner dance

Ask the children to consider how they move into and out of the shapes? Consider;

Turning

Twisting

Rolling

Sliding

Stepping

Jumping

Ask the children to make the transitions from actions to shapes very smooth, they must consider how they will start and how they will finish.

The dance phase must contain

A start

A finish

4 pirate actions

2 or 3 pirate shapes

**Review**

Split the class in half and ask one half to perform and one half to spectate. Once both half's have performed, ask the children to talk about the good actions they have seen and why those actions were good?

Ask the pairs to review their own performance, what was good and what could they have gone better.

**Lesson objective** – Create a group dance phrase

1. Review last weeks dance phrase
2. Collaborate with a group to create a dance phrase
3. Review and perform

**Starter activity**, play some happy music with a regular beat

- Standing in a space, start pretending to wash our hands  
Shake our hands off ;-  
Near our knees  
To the left  
To the right  
Above our heads (Do each for a count of four then repeat)
- Very tiny little jumps
- Roll the shoulders
- Marching on the spot
- Looking left and right
- Stepping to the side, add a clap
- Crouching into a tiny ball and stretching into a star.

**Construct learning challenge;**

In pairs review last weeks learning, give the children 5 minutes to recap previous work.

**Group work**

Ask the ask to join up with another pair

Show each pair their partner work, as a group choose their favourite shapes and actions, each group should link

2-3 shapes

pirate actions

Starting position

Finishing position

To progress ask the children to consider

- ⇒ Speed
- ⇒ Pathways
- ⇒ Levels

The children must choose to use either cannon, unison or both

**Cannon** - The Mexican wave is cannon, one moves then another then another.

**Unison** - The children will all do the same action at the same time

Progress to linking the actions together smoothly in one fluent movement.

Again show good work and good ideas to inspire the rest of the class.

Explain to the children that we are going to show the performance, its better to show 4 actions done well, rather than 10 actions done poorly.

**Review**

Split the class in half and ask one half to perform and one half to spectate. Once both half's have performed, ask the children to talk about the good actions they have seen and why those actions where good?

Ask the pairs to review their own performance, what was good and what could they have done better.



Unit of work : Pirate themed dance

year: KS2

Lesson: 4

**Lesson objective** – Explore a fight scene

1. Explore a fight scene
2. Collaborate with a group to refine the dance phrase
3. Review and perform

**Starter activity**, play some happy music with a regular beat

Give each group 5 minutes to recap their dance phrase

Each group should link

2-3 shapes

Pirate actions

Starting position

Finishing position

Ask the children to consider

Speed

Pathways

Levels

**Construct learning challenge:**

**Group work**

Explain to the children that they need to include a fight scene into their group dance. This should be no more than 16 counts.

The children need to think about creating actions and counter actions. At no point are they allowed to actually fight each other. It is pretend and it must be planned. It could be 1V1, 2V2 or it could be a war dance against another group of pirates.

Show the you tube clip again, it has only a small fight scene, but it will provide ideas.

<https://www.youtube.com/watch?v=t7vIO-AYHGM>

**Progress**

Link the fight scene into their group dance.

**Performance**

Explain to the children that we are going to show the performance.

Either film the performances on a tablet and let the children review their own dance phrase.

Alternatively , attach two groups together and label them number 1 and 2.

All number 1's perform first, number 2's must watch their designated group.

Once all no 1's have performed, no2's must go and sit with no 1's and tell them what they did well, what they could do better. Reverse roles

Give the groups a few minutes to review and refine their dance phrase.

**Review**

Ask the pairs to review their own performance, what was good and what could they have done better.

Lesson objective – Create a class dance

1. Replicate a class dance phrase
2. Link the group dance and class dance together
3. Review and perform to an audience

### **Starter activity**

In groups have 5 minutes recapping their group performances

Show the children the you tube clip again (see page 2)

Ask each group to pick a possible action that can be used to create the class dance.

As a class decide the order of the actions and link together, repeat each action 4 times or for a count of 8.

Each child should be doing the same action at the same time. Put 3 of your more able children at the front, have them count the class in and take a lead

### **Application**

Put together the class dance and the Group dance.

Divide the groups into 3 colours and give them a group name (colours)

Order of dance

#### **Whole class**

Red group

Blue group

Yellow group

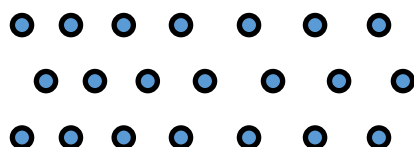
**Whole class**

The whole class will perform the class dance together, red groups will move into their group dance positions and the other colours will move to the side of the hall.

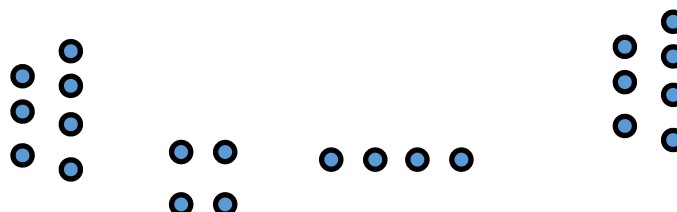
Once the red groups have performed they should travel to the side of the hall and blue group will travel in and perform their group dance. Continue this until all groups have performed. Once the green groups have performed, all the children should travel to their whole class dance positions and perform the class dance.

All children should bow and slowly leave the stage/performing area.

#### Whole class



#### Group performance



### **Performance**

On the final lesson ask another class to come in and watch the performance. Or record the performance and give the children an opportunity to watch their own performance and then review.

What did they do well, what could they have done better. Give the children an opportunity to discuss what they have learned what they did well and what they would change if they were to repeat the performance.

### Health and safety issues

- It is highly recommended that all children wear correct clothing and footwear, no jewellery allowed and hair tied back

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